



Hello Families,

With the beautiful winter weather we would love to take advantage of the days we have soft fluffy snow! We are hoping to take students sledding (at the baseball diamond at Dartmouth Commons), in order to take students sledding there are a few things we would like to inform families about:

Firstly, **we are looking for sled donations to our school**. We have a limited number of sleds but more would certainly be appreciated. If you have an older sled that is still in good condition (no cracks, broken pieces, tubes, or carpets) we would gladly accept them.

Students **need to come dressed in proper outdoor clothing**; this includes snow pants, boots, hats and mittens. If you need help getting these items please contact us and we will do our best to help you and your family out. If students do not come prepared with these items on a day we go sledding (could be any day there is soft snow) they will have to watch their class from a safe location.

Students are **not allowed to bring their own sleds**, each sled (new or donated) will be inspected before use (for safety reasons) and this is too difficult when we have students bringing in their personal sleds daily.

Finally, Helmets can be very important to protect students from injuries on the hill, however students are **not required to wear helmets**. If you would like your child to wear one you need to *communicate that to us (klockyer@hrce.ca or dylan.norton@hrce.ca) and supply your own CSA approved helmet* on any day your child has PE and there is soft snow.

We will teach safe sledding practices including sliding down the middle and climbing up the sides, how to bail off if they need to, etc.

Stay Active,

Ms. Lockyer and Mr. Norton